

# People First of West Virginia

GET  
INVOLVED  
TODAY!



**2010 is the year for new opportunities!  
Join us to learn the skills that will help you:**

- **Determine what you want and need for you!**
- **Make decisions on issues that affect your life!**
- **Learn how to speak up for yourself!**

*If you are looking for a group of peers that will support and assist you in becoming an effective self-advocate...then look no further. People First of West Virginia Chapters provide resources and support by encouraging and empowering you to speak up about your interests, talents, strengths and desires.*

A PROGRAM OF  
**The  
Arc**  
of West Virginia

Program funded by the  
West Virginia  
Developmental  
Disabilities Council

912 Market Street  
Parkersburg, WV 26101

**For questions or information on how to become  
involved in a chapter close to you contact us at  
304-422-3151 or toll-free at 1-877-334-6581**

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